

Wellbeing With Horses



Sirona Therapeutic Horsemanship



**For more information
please contact:**

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Registered Charity No: 1169709
Registered Office: The Merchant's
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Come and take part in Wellbeing with Horses sessions at Sirona, learning to care for horses in a safe and fun environment. This offers you the chance to experience the physical and mental health benefits of being outside and working with animals, while also meeting new people and working as part of a team. By caring for the horses wellbeing, you can also improve your own.

Suitable for: People of any age with a disability of any kind.

When: Fortnightly on a Thursday 9.30-12.00.

Cost: Donation basis (suggested minimum donation £10 but please ask if this is a problem).

Where: Sirona Therapeutic Horsemanship, Hannahs at Seale Hayne, Newton Abbot, Devon, TQ12 6NQ

*These sessions are funded by the Clare Milne Trust