



SUPPORTED VOLUNTEERING

At Sirona, on the Dartington Hall Estate near Totnes.

Activities include:

- Caring for the animals
- Nature walks with the ponies
- Field and yard tasks
- Horticulture

Details:

- Thursday 9.30am - 12pm
- Suggested Donation £10-£25
- Open to adults (18+) with additional support needs

For more details contact:
Josie Arscott 01803 868 779
Josie@sironaequine.org.uk



Supported Volunteering

Our Supported Volunteering sessions offer a chance for people with additional support needs to come and be involved at Sirona. Activities might include caring for the various animals (currently horses, chickens, a cat and a dog - hopefully soon to include goats and donkeys!), nature walks with the ponies and/or the dog, tasks around the field and yard.

We do as much as we can to encourage biodiversity and habitats, so we will also be caring for the vegetables, herbs and flowers that we grow in boxes in the yard and perhaps also the plant life around the fields and hedges as well.

This is a social group and we stop for a tea break in the middle, which gives everyone a chance to rest and have a chat with other participants and staff. Please bring a snack if you want something to eat.

Our Supported Volunteering sessions are for people aged 18 and over with additional support needs. Participants can come independently or with their carer/support worker - this can be assessed at the initial visit.

The session is on a Thursday morning 9.30am - 12pm, during term time. They can be booked in six week blocks and once your six weeks are up, you can go back onto the waiting list if you'd like to return for a further block when space allows.

Please wear sturdy footwear (wellies are fine) and suitable outdoor clothing - warm and waterproof!

These sessions are funded by The National Lottery Community Fund, but we do ask for a donation of £10-£25 (or whatever you can afford). These donations make a big difference to Sirona.

For further information, to request an application form, or to arrange a visit, please contact:
Josie Arscott 01803 868 779, josie@sironaequine.org.uk

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Charity No: 1169709